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**Lesson Plan Ideas:**

**Diocese of Toledo Videos for**

**National Vocation Awareness Week**

**Grade Level:** Junior High and High School

**When:** National Vocation Awareness Week is the first full week of November. However, the videos and these lesson plan ideas can be used at any point during the school year.

**Message:** God has a plan for our lives. There are practical ways for us to discover this plan.

**Learning Objectives:**

Raise awareness of the need to discern one’s vocation.

Help students understand how to hear God’s voice.

Inspire students to seek God’s plan for their lives.

The two videos (6 minutes each) are available online:

Fears: <https://youtu.be/nL-QFVVbQJE>

Hearing God’s Voice: <https://youtu.be/BqxywqlhQjc>

Google Drive link for both videos:

<https://drive.google.com/drive/folders/1ZGTHCsYG4HvhQm3FZWHJkezCIxa5XPyr?usp=sharing>

**After watching the first video on fears about the future, students could be asked to respond to the following questions. This could be an individual writing assignment, a class discussion, or a small-group discussion.**

**Facing Your Fears**

What are the biggest decisions you are facing right now? Which decisions in your life are causing you the most stress and anxiety?

When have you experienced the following fears?

-fear of the unknown

-fear of disappointing others

-fear of missing out (FOMO)

-fear of making the wrong decision

-fear of failure

Give an example of someone who does not allow fear to get in the way of making good decisions? How can you learn from this person’s example?

**The following writing assignment could be given to students to deepen their understanding of a Biblical perspective on fear about decisions.**

**God’s Advice on Facing our Fears:**

*Pick three of these Bible passages to read. Then answer the questions below.*

**Matthew 6:25-34**

**Matthew 28:1-10**

**Luke 1:26-38**

**Luke 5:1-11**

**Psalm 23**

## **Psalm 139**

**1 Peter 5:6-11**

**Jeremiah 1:4-8**

**Jeremiah 29:11-13**

*Which three passages did you read?*

*Summarize the message of the verses you read in one or two sentences.*

*How can you relate what you read in these passages to your life and decisions you are facing right now or will face in the future? How can what you read in these Bible verses find practical application in your life?*

**After watching the video on hearing God’s voice, students could be asked to respond to the following questions. This could be an individual writing assignment, a class discussion, or a small-group discussion.**

**Hearing God’s Voice**

**The Bible**

What verses from the Bible have been most influential in your life?

When have the readings and homily at Mass spoken to your situation and helped you figure out more of God’s plan for your life?

Is there a figure from the Bible whose life is similar to yours? What do you have in common with this person? What can you learn from this person’s life?

**Listen to your gut**

Has there been a time in your life when you knew in your gut the right choice to make? Did you follow your conscience or did you ignore this voice? How did things turn out?

**Use your head**

As you consider a decision you have to make, what are the pros and cons of your options? Write them out. Does this help clarify what God might be asking of you?

Imagine you are at the end of your life and looking back on where you are right now. What recent choices would you regret? What recent choices would you be glad that you made?

**The Church**

Who in your life can you go to for advice about decisions that are causing your stress?

When in your life did a conversation with someone else help you with a difficult decision?

**Resources:**

**For more material about Christian discernment and the concepts discussed in these videos, catechists and teachers can read:** [***Figuring Out Your Future: A Catholic Guide for Young Adults on How to Make Decisions with Confidence***](https://static1.squarespace.com/static/5d0bea3320a9df0001d4d9d6/t/6273e51059790d191b13ea68/1651762448988/A%2BCatholic%2BGuide%2Bfor%2BYoung%2BAdults%2Bon%2BHow%2Bto%2BMake%2BDecisions%2Bwith%2BConfidence.pdf)**.** Also available online at: <https://toledopriesthood.org/resources>

**Lesson Plans on Christian Vocations**

The Diocese of Toledo is happy to provide a free subscription to *Vocation Lessons* for all the parishes and schools in the Diocese of Toledo. *Vocation Lessons* is an online vocation curriculum supplement for grades K-12.

For Catholic schools, there's enough material for one week of Religion classes:

Session 1 - **God Calls**
Session 2 - **Marriage**
Session 3 - **Priesthood**
Session 4 - **Religious Life**
Session 5 - **Assessment and Family Feature**

For Parish Religious Education and Youth Groups, the lessons cover all vocations in one session.

To make use of the FREE access the Office for Diocesan Priestly Vocations has purchased for the Diocese of Toledo, please go to:

[**www.vocationlessons.com**](http://www.vocationlessons.com)

**Teacher Access Code: ToledoRosary867**

**Student Access Code: ToledoRosary431**

For additional resources on the vocation to **consecrated life**, please contact Sister Maria Lin Pacold, RSM, Delegate for Consecrated Life: mlin@toledodiocese.org.

For additional resources on the vocation to **marriage and family life**, please contact, Renee Wesley, Diocesan Parish Life Coordinator: rwesley@toledodiocese.org.

For additional resources on the **permanent diaconate**, please contact Deacon Dan Brahier, Delegate for Permanent Deacons: dbrahier@toledodiocese.org.

For additional resources on the vocation to the **diocesan** **priesthood**, please contact Father Phil Smith, Director of the Office for Diocesan Priestly Vocations: psmith@toledodiocese.org and see the free online videos and resources available at: <http://toledopriesthood.org>